

Georgia Senate Study Committee on Improving Access to Healthy Foods and Ending Food Deserts

October 5, 2021



## Who is Flint River Fresh?

- 501 ©(3) non-profit organization based in Albany, GA (Dougherty County)
- Projects covering 4 Counties (Dougherty, Colquitt, Sumter, Houston)
- 3 person staff & Board of Directors
- Additional support provided by Flint River Soil and Water Conservation District



#### MISSION



- Increase access to fresh, local, affordable, healthy food for our neighbors
- Create new economic opportunities for local farmers
- Develop young people through agriculture
- Conserve natural resources for future generations

#### COVID RESPONSE

**953 meals** purchased from locally owned restaurants

**\$9,980** spent at locally owned restaurants

**15,000 pounds** produce distributed

**1,000 pounds** grown on community sites

**\$5,523** spent on produce from local farmers

\$5,000 value of produce donations

**55 coordinated distributions and deliveries** including 150 produce boxes to seniors and 200 produce packages to agencies serving vulnerable populations

988 individuals served



#### FOOD ACCESS



- Community Farm Projects
- Fresh to Door Produce Deliveries
- Grow Your Groceries Home Garden Installations
- Garden Bucket Giveaways
- School Gardens



## Food Production Capacity

4x8 raised garden box yields **30 pounds of white potatoes** 

30 x 30 in-ground garden plots yields **100 bunches of collards every month for 3 months** 

30 x 30 in-ground garden plots yields **35 pounds of strawberries** 

4x16 raised beds yields **25 pounds of summer squash each week** for three weeks

5-gallon bucket yields 16 carrots



#### Produce Bags Community Giveaways

#### **OVER 2500 Bags**

**413** Personal Bags of Fresh Fruits for Summer Campers

**594** Varied Individual Bags of Fresh Fruits and Vegetables for Seniors and the Elderly via Community Events and Door Delivery

Over **30,000 pounds** of produce delivered in 3 months

#### YOUTH DEVELOPMENT



- Garden to Cafeteria
- Commodore Conyers College & Career Academy (4C)



## Where we grow?

We manage or have provided technical assistance for the following growing spaces

- 4 Acres of Small Scale Farm Land
- 1 Acres of Community Orchards
- 300 Raised Garden Beds

#### Backyard Garden at Sunbelt Ag Expo

- 9 Raised Garden Beds
- 7 In-Ground Garden Plots
- **2 Pollinator Gardens**
- **1 Community Orchard**
- 1 Greenhouse
- 12 workshops in partnership with UGA Extension



# Starbucks Learning Farm at Georgia National Fair

- **15 Raised Garden Beds**
- 7 In-Ground Garden Plots
- **1 Community Orchard**
- 3 Workshops Daily



### Our funding



- USDA NRCS and USDA FNS grant programs
- Local business sponsors through annual Capital Campaign
- City and County level grant programs

#### Atlanta Braves Foundation selects Fredando Jackson for 2021 Community Heroes Award



Fredando Jackson, Executive Director, Flint River Fresh (Source: WALB)

By Kim McCullough

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